

Campeeting Equipment and Food Guide

If you decide to prepare your own meals at campeeting, you are in for a real treat. Sitting around a campsite eating simple food is something that everyone loves, especially children. It provides an opportunity to gain wholesome nutrition while minimizing the focus on food. It helps promote the focus to be on the meetings and spiritual topics.

Everything on this list can be purchased at the local Walmart in Ashland, Ohio, just 15 minutes away. So if you forget something, don't worry, you'll have a place to buy it.

Ice Chest

This is essential for keeping your food cold, such as milk, margarine, and leftovers (which you will want to keep to a minimum). Igloo and Coleman are good brands, and you can find what you need at Walmart or Amazon. When in doubt, go larger on the size. You'll want room for a block of ice and your food. You can get ice at the local gas station or Dollar General in West Salem.

Coleman Propane 2 Burner Stove

These are great and are sold at Walmart and other stores. The simple one works as well as any other. The small green propane bottles usually last at least 4 meals, depending on what you're cooking, so be sure to pick up a few of them. Lighter to ignite propane burners (get the long handle kind).

Table and Chairs

You will need something to put your stove on and prepare your food on. You might also want to bring some chairs to sit in while eating. You are welcome to bring your food to eat at the dining tent as well.

Dishes and Utensils

If you can afford disposable plates, bowls, and cutlery, it's worth it. Otherwise you're going to have to haul water to your site in order to wash dishes, which is fine, but is an extra hassle sometimes.

- Large pot and several small ones
- Frying pan
- Cutting board
- Jugs for hauling water
- Wash cloths for wiping table
- Dish rack or drying towels

- Can opener
- Kitchen knife

Cleaning Up

Dishes can be minimized by using disposable paper plates and bowls. But you will want to bring your dish washing supplies for cleaning everything else, including a dish pan. And paper towels go a long way keeping things clean without needing much water.

Camping Food Guide

Breakfast

- Boxed soy or nut milk. The boxed versions don't require refrigeration until opened. It keeps your ice chest less crowded.
- Dry cereal. A tried and true staple. Granola will help you feel less hungry.
- Oatmeal is very nice to have in the morning because it's warm.
- Fresh, canned, or dried fruit.

Lunch

- Sandwiches (peanut butter and banana, tomato and lettuce)
- Haystacks
- Rice and lentils (dried or canned)
- Pasta and sauce and garlic bread
- Rice and chili

Supper

- Soups (canned or homemade)
- Fruit
- Bread
- Crackers
- Trailmix